



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30 AM - 9 PM

FRIDAY | 5:30 AM - 7 PM

SATURDAY | 8 AM - 12 PM

WEEKLY GYM CALENDAR | MAY 4-10

MONDAY MAY 4	TUESDAY MAY 5	WEDNESDAY MAY 6	THURSDAY MAY 7	FRIDAY MAY 8	SATURDAY MAY 9	SUNDAY MAY 10
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM		
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10 AM PICKLEBALL OPEN GYM	
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST	10 AM - 12 PM OPEN GYM	
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM		
4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM		
		4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	4 - 7 PM OPEN GYM		

TIMES ARE SUBJECT TO CHANGE