



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | OCTOBER 6TH - 12TH

MONDAY OCTOBER 6	TUESDAY OCTOBER 7	WEDNESDAY OCTOBER 8	THURSDAY OCTOBER 9	FRIDAY OCTOBER 10	SATURDAY OCTOBER 11	SUNDAY OCTOBER 12
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM		
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 AM - 10 AM PICKLEBALL OPEN GYM	
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST		
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM	10AM - 12 PM OPEN GYM	
4 - 5 PM OPEN GYM	4 - 5 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM	4 - 5 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM		
5 - 9 PM YOUTH VOLLEYBALL	5 - 9 PM YOUTH VOLLEYBALL	4 - 5 PM OPEN GYM	5 - 9 PM YOUTH VOLLEYBALL	4 - 7 PM YOUTH VOLLEYBALL		

TIMES ARE SUBJECT TO CHANGE