



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | AUGUST 18 - 24

MONDAY AUGUST 18	TUESDAY AUGUST 19	WEDNESDAY AUGUST 20	THURSDAY AUGUST 21	FRIDAY AUGUST 22	SATURDAY AUGUST 23	SUNDAY AUGUST 24
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM	8 - 10 AM PICKLEBALL OPEN GYM	
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES		
11 AM - 12 PM TOTAL BODY BLAST	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST	10 AM - 12 PM OPEN GYM	
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM		
4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	4 - 7 PM OPEN GYM		

TIMES ARE SUBJECT TO CHANGE