



# HOURS OF OPERATION:

**MONDAY - THURSDAY | 5:30AM - 9PM**

**FRIDAY | 5:30AM - 7PM**

**SATURDAY | 8AM - 12PM**

## WEEKLY GYM CALENDAR | MARCH 9-15

MONDAY MARCH 9	TUESDAY MARCH 10	WEDNESDAY MARCH 11	THURSDAY MARCH 12	FRIDAY MARCH 13	SATURDAY MARCH 14	SUNDAY MARCH 15
<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 9 AM PICKLEBALL OPEN GYM</p> <p>9 - 11 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>11 AM - 1 PM OPEN GYM</p> <p>1 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 9 PM YOUTH VOLLEYBALL PRACTICES</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>10:30 AM - 12 PM OPEN GYM</p> <p>12 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 7:30 PM YOUTH VOLLEYBALL PRACTICES</p> <p>7:30 - 9 PM OPEN GYM</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8 - 11 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM OPEN GYM</p> <p>12 - 1 PM FIT FUNDAMENTALS</p> <p>1 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 5 PM OPEN GYM</p> <p>5 - 9 PM YOUTH VOLLEYBALL PRACTICES</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>10:30 AM - 12 PM OPEN GYM</p> <p>12 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 7:30 PM YOUTH VOLLEYBALL PRACTICES</p> <p>7:30 - 9 PM OPEN GYM (ONLY ONE COURT AVAILABLE)</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 9 AM PICKLEBALL OPEN GYM</p> <p>9 - 11 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM TOTAL BODY BLAST</p> <p>12 - 1 PM OPEN GYM</p> <p>1 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 7 PM OPEN GYM</p>	<p>8 - 10 AM PICKLEBALL OPEN GYM</p> <p>10 - 12 PM OPEN GYM</p>	<p><b>CLOSED</b></p>

\*TIMES ARE SUBJECT TO CHANGE\*