



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MARCH 2 - 8

| MONDAY MARCH 2 | TUESDAY MARCH 3 | WEDNESDAY MARCH 4 | THURSDAY MARCH 5 | FRIDAY MARCH 6 | SATURDAY MARCH 7 | SUNDAY MARCH 8 |
|--|---|--|---|--|-------------------------------------|-------------------|
| 5:30 - 6:30 AM OPEN GYM | 5:30 - 6:30 AM OPEN GYM | 5:30 - 6:30 AM OPEN GYM | 5:30 - 6:30 AM OPEN GYM | 5:30 - 6:30 AM OPEN GYM | | CLOSED |
| 6:30 - 9 AM PICKLEBALL OPEN GYM | 6:30 - 8 AM PICKLEBALL OPEN GYM | 6:30 - 8 AM PICKLEBALL OPEN GYM | 6:30 - 8 AM PICKLEBALL OPEN GYM | 6:30 - 9 AM PICKLEBALL OPEN GYM | 8 - 10 AM PICKLEBALL OPEN GYM | |
| 9 - 11 AM SILVERSNEAKERS FITNESS CLASSES | 8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES | 8 - 11 AM SILVERSNEAKERS FITNESS CLASSES | 8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES | 9 - 11 AM SILVERSNEAKERS FITNESS CLASSES | | |
| 11 AM - 12 PM OPEN GYM | 10:30 AM - 12 PM OPEN GYM | 11 AM - 12 PM OPEN GYM | 10:30 AM - 12 PM OPEN GYM | 11 AM - 12 PM TOTAL BODY BLAST | | |
| 12 - 4 PM PICKLEBALL OPEN GYM | 12 - 4 PM PICKLEBALL OPEN GYM | 12 - 1 PM FIT FUNDAMENTALS | 12 - 4 PM PICKLEBALL OPEN GYM | 12 - 1 PM OPEN GYM | 10 - 12 PM OPEN GYM | |
| 4 - 9 PM OPEN GYM | 4 - 9 PM OPEN GYM | 1 - 4 PM PICKLEBALL OPEN GYM | 4 - 9 PM OPEN GYM | 1 - 4 PM PICKLEBALL OPEN GYM | | |
| | | 4 - 9 PM OPEN GYM | | 4 - 7 PM OPEN GYM | | |

TIMES ARE SUBJECT TO CHANGE