




HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MARCH 17-23

MONDAY MARCH 17	TUESDAY MARCH 18	WEDNESDAY MARCH 19	THURSDAY MARCH 20	FRIDAY MARCH 21	SATURDAY MARCH 22	SUNDAY MARCH 23
 <p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 9 AM PICKLEBALL OPEN GYM</p> <p>9:15 - 11 AM SILVERNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM OPEN GYM</p> <p>12 - 4:30 PM PICKLEBALL OPEN GYM</p> <p>4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES</p> <p>Happy St. Patrick's Day</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8:30 - 10:30 AM SILVERNEAKERS FITNESS CLASSES</p> <p>10:30 AM - 12 PM OPEN GYM</p> <p>12 - 4:30 PM PICKLEBALL OPEN GYM</p> <p>4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8:15 - 11 AM SILVERNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM OPEN GYM</p> <p>12 - 1 PM FIT FUNDAMENTALS</p> <p>1 - 4:30 PM PICKLEBALL OPEN GYM</p> <p>4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8:30 - 10:30 AM SILVERNEAKERS FITNESS CLASSES</p> <p>10:30 AM - 12 PM OPEN GYM</p> <p>12 - 4:30 PM PICKLEBALL OPEN GYM</p> <p>4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 9 AM PICKLEBALL OPEN GYM</p> <p>9:15 - 11 AM SILVERNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM TOTAL BODY BLAST</p> <p>12 - 1 PM OPEN GYM</p> <p>1 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 7 PM OPEN GYM</p>	<p>8 AM - 12 PM YOUTH VOLLEYBALL GAMES</p>	<p>CLOSED</p>

TIMES ARE SUBJECT TO CHANGE