





HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | CLOSED

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | JUNE 30 - JULY 6

MONDAY JUNE 30	TUESDAY JULY 1	WEDNESDAY JULY 2	THURSDAY JULY 3	FRIDAY JULY 4	SATURDAY JULY 5	SUNDAY JULY 6
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	 CLOSED 	8 - 10 AM PICKLEBALL OPEN GYM	CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM			
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES			
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM		10 AM - 12 PM OPEN GYM	
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM			
4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM	4 - 9 PM OPEN GYM			

TIMES ARE SUBJECT TO CHANGE