



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | JULY 7-13

MONDAY JULY 7	TUESDAY JULY 8	WEDNESDAY JULY 9	THURSDAY JULY 10	FRIDAY JULY 11	SATURDAY JULY 12	SUNDAY JULY 13
5:30 - 6:30 AM OPEN GYM 6:30 - 9 AM PICKLEBALL OPEN GYM 9 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 - 11:30 AM DAY CAMP 11:30 AM - 12 PM OPEN GYM 12 - 4 PM PICKLEBALL OPEN GYM 4 - 9 PM OPEN GYM	5:30 - 6:30 AM OPEN GYM 6:30 - 8 AM PICKLEBALL OPEN GYM 8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES 10:45 - 11:45 AM DAY CAMP 12 - 4 PM PICKLEBALL OPEN GYM 4 - 9 PM OPEN GYM	5:30 - 6:30 AM OPEN GYM 6:30 - 8 AM PICKLEBALL OPEN GYM 8 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM OPEN GYM 12 - 1 PM FIT FUNDAMENTALS 1:45 - 3:45 PM DAY CAMP 4 - 9 PM OPEN GYM	5:30 - 6:30 AM OPEN GYM 6:30 - 8 AM PICKLEBALL OPEN GYM 8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES 10:30 AM - 12 PM OPEN GYM 12 - 4 PM PICKLEBALL OPEN GYM 4 - 5 PM DAY CAMP 5 - 9 PM OPEN GYM	5:30 - 6:30 AM OPEN GYM 6:30 - 9 AM PICKLEBALL OPEN GYM 9 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM TOTAL BODY BLAST 12 - 4 PM PICKLEBALL OPEN GYM 4 - 7 PM OPEN GYM	8 - 10 AM PICKLEBALL OPEN GYM 10 AM - 12 PM OPEN GYM	CLOSED

TIMES ARE SUBJECT TO CHANGE