



## HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MAY 19-25

| MONDAY<br>MAY 19                               | TUESDAY<br>MAY 20                                 | WEDNESDAY<br>MAY 21                            | THURSDAY<br>MAY 22                                | FRIDAY<br>MAY 23                               | SATURDAY<br>MAY 24                  | SUNDAY<br>MAY 25 |
|------------------------------------------------|---------------------------------------------------|------------------------------------------------|---------------------------------------------------|------------------------------------------------|-------------------------------------|------------------|
| 5:30 - 6:30 AM<br>OPEN GYM                     | 5:30 - 6:30 AM<br>OPEN GYM                        | 5:30 - 6:30 AM<br>OPEN GYM                     | 5:30 - 6:30 AM<br>OPEN GYM                        | 5:30 - 6:30 AM<br>OPEN GYM                     |                                     | CLOSED           |
| 6:30 - 9 AM<br>PICKLEBALL<br>OPEN GYM          | 6:30 - 8 AM<br>PICKLEBALL<br>OPEN GYM             | 6:30 - 8 AM<br>PICKLEBALL<br>OPEN GYM          | 6:30 - 8 AM<br>PICKLEBALL<br>OPEN GYM             | 6:30 - 9 AM<br>PICKLEBALL<br>OPEN GYM          | 8 - 10 AM<br>PICKLEBALL<br>OPEN GYM |                  |
| 9 - 11 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 10:30 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 11 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 10:30 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 9 - 11 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES |                                     |                  |
| 11 AM - 12 PM<br>OPEN GYM                      | 10:30 AM - 12 PM<br>OPEN GYM                      | 11 AM - 12 PM<br>OPEN GYM                      | 10:30 AM - 12 PM<br>OPEN GYM                      | 11 AM - 12 PM<br>TOTAL BODY BLAST              | 10 AM - 12 PM<br>OPEN GYM           |                  |
| 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM            | 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM               | 1 - 4 PM<br>PICKLEBALL<br>OPEN GYM             | 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM               | 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM            |                                     |                  |
| 4 - 9 PM<br>OPEN GYM                           | 4 - 9 PM<br>OPEN GYM                              | 4 - 9 PM<br>OPEN GYM                           | 4 - 9 PM<br>OPEN GYM                              | 4 - 7 PM<br>OPEN GYM                           |                                     |                  |

\*TIMES ARE SUBJECT TO CHANGE\*