



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | NOVEMBER 17TH-23RD

MONDAY NOVEMBER 17	TUESDAY NOVEMBER 18	WEDNESDAY NOVEMBER 19	THURSDAY NOVEMBER 20	FRIDAY NOVEMBER 21	SATURDAY NOVEMBER 22	SUNDAY NOVEMBER 23
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM		
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10 AM PICKLEBALL OPEN GYM	
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST		
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM	10 - 12 PM OPEN GYM	
5 - 7 PM YOUTH BASKETBALL	5 - 8 PM YOUTH BASKETBALL	1 - 4 PM PICKLEBALL OPEN GYM	5 - 7 PM YOUTH BASKETBALL	1 - 3:30 PM PICKLEBALL OPEN GYM		
7 - 9 PM OPEN GYM	8 - 9 PM OPEN GYM	5 - 7 PM YOUTH BASKETBALL	7 - 9 PM OPEN GYM	6 - 8 PM HOLIDAY LIGHTING		

TIMES ARE SUBJECT TO CHANGE