



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | NOVEMBER 3RD - 9TH

MONDAY NOVEMBER 3	TUESDAY NOVEMBER 4	WEDNESDAY NOVEMBER 5	THURSDAY NOVEMBER 6	FRIDAY NOVEMBER 7	SATURDAY NOVEMBER 8	SUNDAY NOVEMBER 9
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	CLOSED	CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM		
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES		
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST		
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM		
5 - 7 PM YOUTH BASKETBALL	5 - 8 PM YOUTH BASKETBALL	1 - 4 PM PICKLEBALL OPEN GYM	5 - 7 PM YOUTH BASKETBALL	1 - 4 PM PICKLEBALL OPEN GYM		
7 - 9 PM OPEN GYM	8 - 9 PM OPEN GYM	5 - 7 PM YOUTH BASKETBALL	7 - 9 PM OPEN GYM	4 - 7 PM OPEN GYM		

TIMES ARE SUBJECT TO CHANGE