






HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 5PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | SEPTEMBER 8-14

MONDAY SEPTEMBER 8	TUESDAY SEPTEMBER 9	WEDNESDAY SEPTEMBER 10	THURSDAY SEPTEMBER 11	FRIDAY SEPTEMBER 12	SATURDAY SEPTEMBER 13	SUNDAY SEPTEMBER 14
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	 CLOSED JOIN US AT CITY PARK FROM 8:30AM-2PM AND RIVERSIDE PARK FROM 5-8:30PM FOR  	CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM		
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES		
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST		
12 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM		
4 - 5 PM OPEN GYM	4 - 5 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM	4 - 5 PM OPEN GYM	1 - 4 PM PICKLEBALL OPEN GYM		
5 - 9 PM YOUTH VOLLEYBALL	4 - 5 PM OPEN GYM	4 - 5 PM OPEN GYM	4 - 5 PM OPEN GYM	4 - 5 PM OPEN GYM		
	5 - 9 PM YOUTH VOLLEYBALL	5 - 9 PM YOUTH VOLLEYBALL	5 - 9 PM YOUTH VOLLEYBALL			

TIMES ARE SUBJECT TO CHANGE