



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | JULY 14-20

MONDAY JULY 14	TUESDAY JULY 15	WEDNESDAY JULY 16	THURSDAY JULY 17	FRIDAY JULY 18	SATURDAY JULY 19	SUNDAY JULY 20
<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 9 AM PICKLEBALL OPEN GYM</p> <p>9 - 11 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>11 - 11:30 AM DAY CAMP</p> <p>11:30 AM - 12 PM OPEN GYM</p> <p>12 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 9 PM OPEN GYM</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>10:45 - 11:45 AM DAY CAMP</p> <p>12 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 9 PM OPEN GYM</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8 - 11 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM OPEN GYM</p> <p>12 - 1 PM FIT FUNDAMENTALS</p> <p>1:45 - 3:45 PM DAY CAMP</p> <p>4 - 9 PM OPEN GYM</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 8 AM PICKLEBALL OPEN GYM</p> <p>8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>10:30 AM - 12 PM OPEN GYM</p> <p>12 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 5 PM DAY CAMP</p> <p>5 - 9 PM OPEN GYM</p>	<p>5:30 - 6:30 AM OPEN GYM</p> <p>6:30 - 9 AM PICKLEBALL OPEN GYM</p> <p>9 - 11 AM SILVERSNEAKERS FITNESS CLASSES</p> <p>11 AM - 12 PM TOTAL BODY BLAST</p> <p>12 - 4 PM PICKLEBALL OPEN GYM</p> <p>4 - 7 PM OPEN GYM</p>	<p>8 - 10 AM PICKLEBALL OPEN GYM</p> <p>10 AM - 12 PM OPEN GYM</p>	<p>CLOSED</p>

TIMES ARE SUBJECT TO CHANGE