



# HOURS OF OPERATION:

**MONDAY - THURSDAY | 5:30AM - 9PM**

**FRIDAY | 5:30AM - 7PM**

**SATURDAY | 8AM - 12PM**

**WEEKLY GYM CALENDAR | MARCH 10-16**

MONDAY MARCH 10	TUESDAY MARCH 11	WEDNESDAY MARCH 12	THURSDAY MARCH 13	FRIDAY MARCH 14	SATURDAY MARCH 15	SUNDAY MARCH 16
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		<b>CLOSED</b>
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM	8 - 10 AM PICKLEBALL OPEN GYM	
9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES	10 AM - 12 PM OPEN GYM	
11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST		
12 - 4:30 PM PICKLEBALL OPEN GYM	12 - 4:30 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4:30 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM		
4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	1 - 4:30 PM PICKLEBALL OPEN GYM  4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	1 - 4 PM PICKLEBALL OPEN GYM  4 - 7 PM OPEN GYM		

\*TIMES ARE SUBJECT TO CHANGE\*