

HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MARCH 24 - 30

MONDAY MARCH 24	TUESDAY MARCH 25	WEDNESDAY MARCH 26	THURSDAY MARCH 27	FRIDAY MARCH 28	SATURDAY MARCH 29	SUNDAY MARCH 30
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		
6:30 - 9 AM PICKLEBALL OPEN GYM 9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM 8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES 10:30 AM - 12 PM OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM 8:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM 8:30 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES 10:30 AM - 12 PM OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM 9:15 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM TOTAL BODY BLAST	8 - 10 AM PICKLEBALL OPEN GYM 10 AM - 12 PM OPEN GYM	CLOSED
12 - 4:30 PM PICKLEBALL OPEN GYM 4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	12 - 4:30 PM PICKLEBALL OPEN GYM 4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	12 - 1 PM FIT FUNDAMENTALS 1 - 4:30 PM PICKLEBALL OPEN GYM 4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	12 - 4:30 PM PICKLEBALL OPEN GYM 4:30 - 9 PM YOUTH VOLLEYBALL PRACTICES	12 - 1 PM OPEN GYM 1 - 4 PM PICKLEBALL OPEN GYM 4 - 7 PM OPEN GYM		

'TIMES ARE SUBJECT TO CHANGE'