



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MARCH 16 - 22

MONDAY MARCH 16	TUESDAY MARCH 17	WEDNESDAY MARCH 18	THURSDAY MARCH 19	FRIDAY MARCH 20	SATURDAY MARCH 21	SUNDAY MARCH 22
5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM	5:30 - 6:30 AM OPEN GYM		CLOSED
6:30 - 9 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 8 AM PICKLEBALL OPEN GYM	6:30 - 9 AM PICKLEBALL OPEN GYM		
9 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	8 - 11 AM SILVERSNEAKERS FITNESS CLASSES	8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES	9 - 11 AM SILVERSNEAKERS FITNESS CLASSES		
11 AM - 1 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM OPEN GYM	10:30 AM - 12 PM OPEN GYM	11 AM - 12 PM TOTAL BODY BLAST	8AM- 12PM YOUTH VOLLEYBALL GAMES	
1 - 4 PM PICKLEBALL OPEN GYM	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM FIT FUNDAMENTALS	12 - 4 PM PICKLEBALL OPEN GYM	12 - 1 PM OPEN GYM		
4 - 9 PM YOUTH VOLLEYBALL PRACTICES	4 - 7:30 PM YOUTH VOLLEYBALL PRACTICES	1 - 4 PM PICKLEBALL OPEN GYM	4 - 7:30 PM YOUTH VOLLEYBALL PRACTICES	1 - 4 PM PICKLEBALL OPEN GYM		
	7:30 - 9 PM OPEN GYM	4 - 5 PM OPEN GYM	7:30 - 9 PM OPEN GYM (ONLY ONE COURT AVAILABLE)	4 - 7 PM OPEN GYM (ONLY ONE COURT AVAILABLE)		
		5 - 9 PM YOUTH VOLLEYBALL PRACTICES				

TIMES ARE SUBJECT TO CHANGE