



# HOURS OF OPERATION:

**MONDAY - THURSDAY | 5:30AM - 9PM**

**FRIDAY | 5:30AM - 7PM**

**SATURDAY | 8AM - 12PM**

## WEEKLY GYM CALENDAR | DECEMBER 1ST - 7TH

| MONDAY<br>DECEMBER 1                           | TUESDAY<br>DECEMBER 2                             | WEDNESDAY<br>DECEMBER 3                        | THURSDAY<br>DECEMBER 4                            | FRIDAY<br>DECEMBER 5                           | SATURDAY<br>DECEMBER 6              | SUNDAY<br>DECEMBER 7 |
|--|---|--|---|--|-------------------------------------|----------------------|
| 5:30 - 6:30 AM<br>OPEN GYM                     | 5:30 - 6:30 AM<br>OPEN GYM                        | 5:30 - 6:30 AM<br>OPEN GYM                     | 5:30 - 6:30 AM<br>OPEN GYM                        | 5:30 - 6:30 AM<br>OPEN GYM                     |                                     | <b>CLOSED</b>        |
| 6:30 - 9 AM<br>PICKLEBALL<br>OPEN GYM          | 6:30 - 8 AM<br>PICKLEBALL<br>OPEN GYM             | 6:30 - 8 AM<br>PICKLEBALL<br>OPEN GYM          | 6:30 - 8 AM<br>PICKLEBALL<br>OPEN GYM             | 6:30 - 9 AM<br>PICKLEBALL<br>OPEN GYM          |                                     |                      |
| 9 - 11 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 10:30 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 11 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 10:30 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 9 - 11 AM<br>SILVERSNEAKERS<br>FITNESS CLASSES | 8 - 10 AM<br>PICKLEBALL<br>OPEN GYM |                      |
| 11 AM - 12 PM<br>OPEN GYM                      | 10:30 AM - 12 PM<br>OPEN GYM                      | 11 AM - 12 PM<br>OPEN GYM                      | 10:30 AM - 12 PM<br>OPEN GYM                      | 11 AM - 12 PM<br>TOTAL BODY BLAST              |                                     |                      |
| 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM            | 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM               | 12 - 1 PM<br>FIT FUNDAMENTALS                  | 12 - 4 PM<br>PICKLEBALL<br>OPEN GYM               | 12 - 1 PM<br>OPEN GYM                          | 10 - 12 PM<br>OPEN GYM              |                      |
| 5 - 7 PM<br>YOUTH<br>BASKETBALL                | 5 - 8 PM<br>YOUTH<br>BASKETBALL                   | 1 - 4 PM<br>PICKLEBALL<br>OPEN GYM             | 5 - 7 PM<br>YOUTH<br>BASKETBALL                   | 1 - 4 PM<br>PICKLEBALL<br>OPEN GYM             |                                     |                      |
| 7 - 9 PM<br>OPEN GYM                           | 8 - 9 PM<br>OPEN GYM                              | 5 - 7 PM<br>YOUTH<br>BASKETBALL                | 7 - 9 PM<br>OPEN GYM                              | 4 - 7 PM<br>OPEN GYM                           |                                     |                      |

\*TIMES ARE SUBJECT TO CHANGE\*