



HOURS OF OPERATION:

MONDAY - THURSDAY | 5:30AM - 9PM

FRIDAY | 5:30AM - 7PM

SATURDAY | 8AM - 12PM

WEEKLY GYM CALENDAR | MARCH 23 - 29

MONDAY MARCH 23	TUESDAY MARCH 24	WEDNESDAY MARCH 25	THURSDAY MARCH 26	FRIDAY MARCH 27	SATURDAY MARCH 28	SUNDAY MARCH 29
5:30 - 6:30 AM OPEN GYM 6:30 - 9 AM PICKLEBALL OPEN GYM 9 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 1 PM OPEN GYM 1 - 4 PM PICKLEBALL OPEN GYM 4 - 9 PM YOUTH VOLLEYBALL PRACTICES	5:30 - 6:30 AM OPEN GYM 6:30 - 8 AM PICKLEBALL OPEN GYM 8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES 10:30 AM - 12 PM OPEN GYM 12 - 4 PM PICKLEBALL OPEN GYM 4 - 7:30 PM YOUTH VOLLEYBALL PRACTICES 7:30 - 9 PM OPEN GYM	5:30 - 6:30 AM OPEN GYM 6:30 - 8 AM PICKLEBALL OPEN GYM 8 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM OPEN GYM 12 - 1 PM FIT FUNDAMENTALS 1 - 4 PM PICKLEBALL OPEN GYM 4 - 5 PM OPEN GYM 5 - 9 PM YOUTH VOLLEYBALL PRACTICES	5:30 - 6:30 AM OPEN GYM 6:30 - 8 AM PICKLEBALL OPEN GYM 8 - 10:30 AM SILVERSNEAKERS FITNESS CLASSES 10:30 AM - 12 PM OPEN GYM 12 - 4 PM PICKLEBALL OPEN GYM 4 - 7:30 PM YOUTH VOLLEYBALL PRACTICES 7:30 - 9 PM OPEN GYM (ONLY ONE COURT AVAILABLE)	5:30 - 6:30 AM OPEN GYM 6:30 - 9 AM PICKLEBALL OPEN GYM 9 - 11 AM SILVERSNEAKERS FITNESS CLASSES 11 AM - 12 PM TOTAL BODY BLAST 12 - 1 PM OPEN GYM 1 - 4 PM PICKLEBALL OPEN GYM 4 - 7 PM OPEN GYM	8 - 10 AM PICKLEBALL OPEN GYM 10 - 12 PM OPEN GYM	CLOSED

TIMES ARE SUBJECT TO CHANGE